Laughlin visits Columbus

U.S. Representative Greg Laughlin, center, intently listens to comments from Steve Balas of Eagle Lake, right, while Bill Harrison Jr., left, ponders. Laughlin was in Columbus July 11 for a fund-raiser which was hosted by a large group of supporters and held at the Rau family's bed and breakfast, Raumonda. *Headlight Photo by Jeannine Fearing*

ELMS cheerleaders earn superior ribbons

The Eagle Lake Middle School cheerleaders earned four superior rating ribbons and a spirit award during cheerleader camp this summer at Rice High School.

The ELMS seventh and eighth grade squads were the only groups to receive superior ratings in every category. Both squads earned spirit sticks.

Their sponsor is Sandy Young.

A special spirit award was presented to the eighth grade squad for their enthusiasm and contagious spirit throughout the week-long camp.

Members of the squad are Rebal Canaris, Cori Gertson, Lori Grigar, Amalie Kucherka, Latoya Parker, Dawn Schwemm and Tierra Wright.

The seventh grade ELMS cheerleaders are Stephanie Braden, Melissa Buckner, Tabitha Connor, London Ferguson, Geri Flowers and Heather Henske.

At the RHS camp, the high school cheerleaders, assisted by their sponsor Tracy Theut, taught a number of cheers and chants to promote spirit at the junior high games this fall.

The young cheerleaders also were taught pyramids and a dance routine at the camp.

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Abram home chosen for July Yard of the Month

The Eagle Lake Civic Garden Club selected the home of Mrs. Eva Abram at 810 North Lake Ave. as their July winner of the Yard of the Month. It's bright summer floral display catches the eye of passing drivers along the street.

Her modest frame house sits on a shady corner lot. Two long, colorful flowerbeds along the front yard near the street overflow with blooming summer annuals. The beds include red and pink petunias, tropicana, pink vinca, marigolds, scarlet celosia, lavender impatiens, red hot sally salvia and purple and white gomphrena.

Two large shade trees flank the front sidewalk, covering the yard and front porch with cool, inviting shade. Tucked into a corner beside the front porch is a large tomato plant loaded with tomatoes.

Along the left side of the yard, running the length of the house, is a flowerbed filled with a more annuals in a riot of color.

At the ride side of the house, a shady tree is surrounded by a bed of white and pink vincas, pink begonias and a variety of other plants to create a cool oasis of color.

Mrs. Abram and her son enjoy gardening and spending time working with and watering their flowers.

Linda Balas, representing the Eagle Lake Civic Garden Club, presented Mrs. Eva Abram the sign designating her home as Eagle Lake's July Yard of the Month. *Headlight Photo by Susie Jackson*

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Continued from Page 2

Iowa and La. during two years with the Navy…

Funeral services were held at Mill Funeral Home in Eagle Lake Sunday afternoon for **Walt M. Poole**, prominent Lissie resident who died March 9…Gale winds ripped through the **Eagle Lake Rice Warehouse** during a terrific rainstorm Tuesday night, tearing off the roof about 30 ft. deep the entire length of the building…

Miss Virginia Spalinger, daughter of **Mr. & Mrs. William Spalinger** of Eagle Lake, was honored with a shower in Wharton at the home of **Mrs. Katherine Larrier** with Misses **Ida Beth McFarland** and **Gladys Garrett**… **Bobby Ray Hudson** arrived at Laughlin Hospital at 8:58 p.m. Tuesday weighing six pounds, one ounce. He is the new son of **Mr. & Mrs. Chas. Hudson** of Rock Island…

Miss La Merle Floyd, clerk at Southern Pacific Railway here, has returned after 10 days in the SP Hospital in Houston and two weeks with her parents at Alpine… **Mrs. Alvin E. Drescher**, English bride, has arrived in Cat Spring this week from her homeland to join her husband. They married while he was stationed in England…

Mrs. G.E. Thomas Jr. and **Mrs. J.W. Griffin** complimented **Miss Virginia Spalinger**, bride-elect of the month, with a shower in the parlor of Colly Memorial Methodist Church Thursday… **Mr. & Mrs. Herman Popp** of Garwood are congratulated on the birth of a daughter last Sunday in the El Campo hospital…

Maj. Martin Wright, son of **Mrs. James Wright**, is now on terminal leave after three years in the Army… **Miss Doris Briscoe**, daughter of **Mr. & Mrs. Brian Briscoe** of Houston, became the bride of **Dan Hooper Jr.**, son of **Mr. & Mrs. Dan Hooper** of Rock Island, in a pretty ceremony Friday in the First Baptist Church parsonage in Columbus…

Mrs. R.B. Starke and children, **Tommy and Virginia**, left Monday for New Orleans where they boarded a plane for Mine Grande, Zulia, Venezuela to join Mr. Starke. He went there earlier this year to take a position with Caribbean Petroleum Co.

Inspections of private pesticide applicator begin

The Texas Dept. of Agriculture has made an agreement with the Agriculture Marketing Service of the U.S. Dept. of Agriculture to conduct compliance assistance inspections of private applicator reecords.

These inspections will be done randomly and include all regions of the state.

The 1990 Farm Bill requires applicators to keep records of federal restricted use pesticides for two year.

Within 30 days after application, a private applicator must have written records of:

•the brand name or product name of the pesticide and its EPA registration number, including pesticides, herbicides, fungicides and insecticides;

•the total amount of product used, not the quantity after water or other substances are added;

•the size of the area treated in a unit of measure such as acre, linear foot, number of animals, etc.;

•the crop, commodity, stored product or site to which the application was made;

•the specific location of the application;

•the month, date and year of the application; and

•the name and certificate or license number of the applicator or applicator's supervisor.

Anyone having questions about the insdpections or requirements may contact the TDA in Austin at 512-463-7664.

Arts and crafts in Wharton this weekend

Lorene Rentz, above, is just one of the top rated artists and craftsmen from all over the country who will be at the Wharton Civic Center, July 23 and 24, for the Landmark Productions Christmas in July show.

The arts and crafts show and sale will feature hundreds of unique handmade items including Rentz's baskets and floral arrangements. Show hours are 9 a.m. to 5 p.m. Saturday and 11 a.m. to 4 p.m. Sunday. Admission is $3 for adults.

Columbus Livestock Auction Report

Sale Every Thursday at 11:30 a.m.

We will be on the air at KULM, Columbus, every Wednesday from 6:30-6:45 a.m. and every Thursday, live at ring side from 2:05-2:20 p.m.

The feeder calves and yearlings sold active and strong with some weights and classes selling $4 to $6 hundred higher and the plainer classes sold steady. the Packer cows and bulls continue selling steady on hand approximately 145 head. We had a lot of good buyers on hand making the market active and a few buyers on hand.

If we can help you with marketing your livestock, please call George Hagan or Art Moeller at 409-732-2622 or 1-800-944-2622. If you need a truck or trailer or man to work your cattle, we're as near as your telephone. Out of town call collect. Your calls are welcome.

Try us on your next shipment. Call George Hagan, residence 409-732-2553, Art Moeller, 409-732-2934, Roy Burge, 409-865-5042 or Kenneth Brune, 409-732-5815. "We are at your service 24 hours a day, seven days a week," say George, Art, Ken, Roy, Max and Charley. We appreciate your business.

Market report for July 14, 1994

Cattle on hand: 1422; sheep and goats, 5; horses, 4.

Packer Cows: higher dressing utility and cutter cows, 45-52¢ per lb.; lower dressing utility and cutter cows, 40-45¢; light weight canner cows, 35-40¢.

Packer Bulls: heavyweight bulls, 59-62¢ per lb.; utility and cutter bulls, 55-58¢; light weight canner bulls, 50-55¢.

Stocker/Feeder Calves/Yearlings

Steers #1: 100-200 lbs., $1.00-1.38; 200-300 lbs., $1.00-1.24; 300-400 lbs., 85¢-$1.06; 400-500 lbs., 85-98¢; 500-600 lbs., 75-83¢; 600-700 lbs., 75-82¢.

Steers #2: 100-200 lbs., 80¢-$1.00; 200-300 lbs., 85¢-$1.00; 300-400 lbs., 73-85¢; 400-500 lbs., 75-85¢; 500-600 lbs., 70-75¢; 600-700 lbs., 66-75¢.

Heifers #1: 100-200 lbs., 95¢-$1.00; 200-300 lbs., 87¢-$1.08; 300-400 lbs., 85-98¢; 400-500 lbs., 85-90¢; 500-600 lbs., 75-85¢; 600-700 lbs., 70-75¢.

Heifers #2: 100-200 lbs., 80-85¢; 200-300 lbs., 85¢-$1.00; 300-400 lbs., 73-85¢; 400-500 lbs., 72-85¢; 500-600 lbs., 70-75¢; 600-700 lbs., 65-70¢.

Stocker Cows: good stocker cows & heifers, 60-75¢; medium stocker cows & heifers, 45-50¢; good cow & calf pairs, $750-800 pr.; medium cow & calf pairs, $650-700 pr.; common cow & calf pairs, $550-600 pair.

We appreciate your business. Top dollar for your cattle every time.

Have a nice day…
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SPORTS

Eagle Lake Primary School students earn fitness awards

The physical education classes at Eagle Lake Primary School participated in the National Presidential Fitness Challenge during the 1993-94 school year.

Through their participation, students in first through third grades had the opportunity to qualify for the Presidential Fitness Award. Students are required to achieve at or above 85% on five test items as normal with students at the same age and gender throughout the nation who participate in the program.

The tests were administered during National Fitness Month in May. The five tests were curl-ups, shuttle run, mile run/walk, pull-ups and V-sit reach. Lynda Appelt, physical education instructor, coordinated the President's Challenge.

Students who achieved the high Presidential Fitness Awards for over 85% in **first grade** were Erica Olvera, Charles Huffman, Leonard Scott, Patty Ruiz, Robert Scott, Vanessa Villafuerte, Brandon Sims and Nicole Aguilar.

The National Fitness award for achieving 50 to 85% was given to **first graders** Francisco Najera, Frank Cobia, Jameka White, Raul Garcia, Chad Folmar, Jeremie Hemphill, Alvaro Rodriguez, Manuel Mendoza, Nathan Labay, Ashley Parker, Melanie Ishee, Miguel Arellano, Emerson Dawson, Gaveno Lucio, Roshanda Sims, Gary McTear, Jonathon Thomas and Stephanie Tillman.

Second graders earning the Presidential award were Erra Cleveland, James Salinas, Russell Hadley, Michael Spears, Joyce Scott and Eric Toliver.

National awards went to Branden Jenkins, Courtney Diggs, Nora Lewis, Kimberly Rodriguez, Wayne Morgan, Jimmy Navarro, Cleve Scott, Marcus Woods, Tarrah Stern, Jeremane Middleton, Demestrice Dogins, Carlos Gonzales, Ashley Leal, Julia Jackson, Aaron Yanez, Kristen Stovall, Latoyia Sims, Jasmine Smith, Arturo Garcia.

Also getting national awards in second grade were Becky Estrada, Fabiola Vasquez, Gustavo Montalvo and Esequiel Perez, Hilary Torres, Vera Cleveland, Laurance Vasquez, Orlando Morales, Valeen Soliz, Dusty Young, Angel Stricklan, Kevin York, Adam Ahlbin, ShirNell Miller.

Third grade Presidential Fitness awards went to Rubin Leal, Ada Ruvalcaba, Tanyia Shorter, Ricky Douglas, Michael Sosa, Erica Weems, Sonya Fields, Laura Miramontes and Chris Pope.

National awards were given to Lupe Martinez, Raynee Rangel, Garett Flores, Myeshia Daniel, Maria Vallejo, Heidi Hammermiller, James Scott, Jeremiah Middleton, Deborah McTear, Darrell Giles, Sandra Rodriguez, Russell Peroni, Javier Lopez, Manuel Belman, Ebony Prince, Amanda Burrow, Consuelo Montemayor, Candace Maxie, Jhavan Morgan, Janice Hemphill, Sandra Villalobos, Elizette Castillo, Ophelia Powell and Andrea Contreras.

Adult Red Cross swim courses offered

Adult Red Cross swimming courses will be offered at the Eagle Lake pool on Mondays, Tuesdays and Thursdays for two weeks beginning Aug. 1.

The classes will be offered for levels one through four provided that at least six students sign up for each class. All classes will be an hour long and begin at 6:30 p.m.

Lessons are free but there is an $8 pool fee per student. To register come by or call the pool during afternoon hours at 234-5728. Or you can call Judy Pustejovsky at 234-5208.

These Eagle Lake Primary School students were winners of the National President's Fitness awards. Showing their certificates on the front row, left to right, are Laura Miramontes, Joyce Scott, Patty Ruiz and Nicole Aguilar; second row, Michael Spears, Eric Toliver, Robert Scott, Angel Stricklan and James Salinas; third row, Ada Ruvalcaba, Charles Huffman, Ricky Douglas, Brandon Sims and Erra Cleveland; and on the back row, Erica Weems, Chris Pope, Sonya Fields, Rubin Leal, Michael Sosa and Russell Hadley. Winners not pictured were Vanessa Villafuerte, Leonard Scott ad Erica Olvera. *Photo Courtesy of Lynda Appelt*

Running

Continued from Page 1

"But the kids faced the difficulties well. As every athlete soon discovers, part of the mental strength we develop comes from facing the problems that life hands us," Jackson stated.

Amanda Burrow placed sixth in bantam shot put.

Rhonda Peroni made fourth in the midget division for the 1500 meter racewalk.

Scott Warren placed fifth in javelin in youth division. He also competed in 100 meter hurdles but was knocked down and did not place.

Barrett Thomas competed in youth division triple jump.

The number of team members was fewer this summer but the percentage of parents actively involved was higher.

The coaches and team members really appreciated the support and enthusiasm of their parent fans during the summer track season.

Dennis Jackson and Susan Pittman are the Running Raider coaches. Jackson said, as they begin putting together the summer program each year, they turn to the community for the financial and other help needed to buy equipment and defray costs of travel for those who advance to the regional and national meets.

A number of businesses and individuals contribute annually to support this athletic program.

Sheridan players in regional tennis rally

There will be 14 tennis players from Sheridan competing in the regional rally in Houston, July 29-30. The local youthful athletes have been selected to play in the U.S. Tennis Association National Junior League rally (USTA/NJTL).

Members of the Sheridan team are Joel Baggett, Lelia Baggett, Trish Chisum, Luke Coxwell, Jenny Hajovsky, Sharon Hooper, Charly LeBouef, Andrea Macha, Clinton McMillian, Mathew Milentz, Patrick Milentz, Stacy Rodriguez, Johnny Slawinski and Bo Joseph Vavrusa.

The Houston rally is one of 32 special NJTL regional events in which the teams compete for action packed tennis and group activities.

Learn to be a football official

A course in football officiating is to be offered in July and August at the University of Houston-Victoria. The course is presented through the continuing education program at UH-V.

John H. Thomas, Division I official, will instruct the course. He is a member of the Mid-Coast Chapter o f the Southwest Football Officials and has been officiating for 28 seasons. He will be assisted by other Mid-Coast chapter members.

The course will be held from 7 to 9 p.m., July 25, 28, Aug. 1, 4, 11, 15, and 18. The classes will be in the Petroleum Training Institute, 3302 N. Ben Wilson, Victoria. Tuition is $35 and participants should preregister.

The eight session course will teach the 1994 NCAA football rules. A variety of real game situations will be used to teach participants. Highlights include rules one and two; playing field; equipment and definitions; kicking, running and passing game; touchback and safety; rule 10 and enforcement of penalties.

For information, call the UH-V office at 512-576-3151 ext. 222.

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Beef cattle course focuses on the future

The 1994 Texas A&M Beef Cattle Short Course will take on a futuristic as well as back-to basics theme Aug. 15-17.

The course is held on the Texas A&M University campus with faculty and staff, beef producers and industry leaders all contributing to the program.

They have planned a program highlighting "cutting edge" technology and issues confronting cattle producers.

They will also address everyday management problems and cow herd nutrition, according to Dr. Larry Boleman, specialist at the Texas Agricultural Extension Service.

Registration will be Monday, Aug. 15, with a fee of $50 for participants and $30 for spouses. The fee includes a Texas style prime rib dinner.

For additional information, call your county extension agent or call Anne Moody, 409-845-2051.

Houston hosts deer hunter show

The Hunter's Extravaganza, a deer hunter's show, will be a hunter's supermarket this weekend at the George R. Brown Convention Center in Houston.

The show will have exhibitors of all types of hunting related gear, clothing, equipment and weapons. The latest technology will be shown along with booths of hunting guides, outfitters, lease brokers, wildlife artists, taxidermists and gift items for avid hunters.

Gene Wenzel, noted bowhunting expert will be on hand, sponsored by the N.R.A. as well as John Wootters, columnist for *Petersen's Hunting* magazine. Record whitetail trophies will also be exhibited.

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Ibuprofen Decreases Pressure Medicine Effectiveness

Ibuprofen is a popular over-the-counter (OTC) antiinflammatory medicine that is used to relieve pain and fever. It is used by many persons who suffer from arthritis, PMS, and other painful problems. Ibuprofen, *aspirin*, and *acetaminophen* are commonly found in OTC pain medicines.

Persons who have high blood pressure often take medicines to lower the pressure. Examples of blood pressure medicines include the diuretics, such as *hydrochlorthiazide* and *furosemide*; the beta blockers, such as *atenolol*, *naldol*, *pindolol*, and *propranolol*; and the group of blood pressure medicines which include *enalapril*, *lisinopril*, and *quinapril*. Unfortunately all three of these categories of blood pressure lowering medicines may be rendered less effective when ibuprofen is also taken. The package insert of some blood pressure medicines carries this caution.

If you take medicine containing ibuprofen and a blood pressure medicine, and your pressure seems out of control, the problem could be due to the ibuprofen. Acetaminophen or aspirin may be better alternatives. However, it is best to discuss this possible problem with your pharmacist or physician before switching to another OTC medicine.

International refugees coming to Texas

Some 6,000 international refugees will be assigned to Texas this year, according to the recent edition of *Fiscal Notes* by the research division of the Texas Comptroller's office.

State Comptroller John Sharp said this is a 7% increase over 1993 but still below the numbers of new arrivals in 1991 and 92.

"Concerns about immigration have once again pushed their way to the forefront of public debate," Sharp commented.

"But often overlooked in this important debate is the growing number of international refugees contributing to the changing face of Texas.

"This year's newcomers will join about 110,000 men, women and children from 40 different nations who have already sought sanctuary in our state," he said.

Texas has joined the legal fray of states from Florida to California which are demanding that Washington reimburse states for the costs of federal immigration policy.

Unlike other legal immigrants, refugees are recognized as having been persecuted in their native land or of having well founded fear of persecution due to their race, religion or political opinion, Sharp noted.

Most arrive in Texas directly from abroad, although many Southeast Asian refugees migrated here from other states during the 1980s.

But no matter what drove them from their homes, Sharp pointed out that the vast majority are forging new lives in Texas' economic mainstream.

"They face severe hurdles in their quest to become productive citizens as blue collar jobs that supported earlier immigration are disappearing.

The new jobs available require higher skills and English proficiency in service and information processing work.

Sharp said international refugees now live in at least 102 of Texas' 254 counties.

Vietnamese represent about 66% of the total, while Laotians, Cambodians, former Soviets and Ethiopians together account for another 22%.

This year, resettlement groups are reporting more Cubans, Haitians and Bosnians arriving in Texas than in the past.

According to a comprehensive survey by the Texas Office of Immigration and Refugee Affairs (TOIRA), refugees account for less than 1% of the state's total population. But their incomes and spending add $1 billion to the Texas economy each year.

As their English skills grow, the refugees often earn above average incomes and ultimately generate more in tax revenues than was spent assisting them when they first arrived, according to TOIRA.

Finding jobs will continue to be difficult but they will keep trying and soon contribute to the Texas econ-

(See Refugees, Page 8)

Foot Facts
By Dr. Eric R. Tepper, Podiatrist
RUNNING INTO PROBLEMS
Jogging or recreational running can be great for your health. It can also be awful for your feet. Running is a high-impact sport that multiplies the load on the body's musculoskeletal system by almost four times. Injuries from accidents or overuse are extremely common. Perhaps the greatest risk to the feet, however, is the runner's tendency to become obsessive about the activity. The desire to run farther, faster, often results in injuries which are not treated properly or rested sufficiently. If you enjoy running or want to take it up, just remember to be kind to your feet. Invest in proper footwear, pay attention to any aches or pains that develop, and seek professional help at the first signs of problems.
If running takes too much of a toll from your feet, walk your way to improved health on healthy feet that are personally and professionally cared for. Keep ahead of foot problems and attend to them early on - an easy way to prevent more serious conditions from developing. Sports medicine is one of our major areas of concern, whether you are a runner, walker, jogger, or other sports enthusiast. I am at the Eagle Lake Community Hospital the first and third Tuesdays of the month. Call 234-5571.
P.S. The only benefit running has over walking is the time factor; you can cover the same ground quicker by running.

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